

Audiologist Appointment Guide

The Importance of Your Visit

Visiting your hearing specialist is critical to learning about all of your hearing treatment options. Preparing for your appointment is key in helping you to get the most from the meeting so you leave feeling confident about your journey to better hearing. Before your appointment, you should think about what your hearing priorities are and what questions you need to ask during your visit. Use this guide to find out what to expect during your appointment and to ask the important questions in order to choose the best treatment for you.

What to Expect

Knowing what to expect at your appointment will allow you to get the most out of the visit.

- 1. Creating your case history:** Your audiologist will ask about your medical history, recent hearing loss symptoms and general physical health to build a detailed case history.
- 2. Testing your hearing:** To determine the type and degree of your hearing loss, your audiologist will perform a number of simple tests.
- 3. Reviewing your results:** The results of your hearing tests are mapped onto a chart called an audiogram, which gives a visual overview of your hearing loss. This typically takes 20 to 30 minutes to complete.
- 4. Discussing your treatment options:** After reviewing your results, your audiologist can recommend the treatment options best suited to you. There are treatments for many degrees of hearing loss so think about your lifestyle and what you value most about your hearing while considering your options.

Questions to Ask Your Audiologist

It's crucial that you use your audiology appointment to ask all the questions you need to. You will want to think about factors such as lifestyle and life stage (school, work, retirement) when considering your options. This will help you get a clear understanding of your hearing loss and choose the treatment that is right for you.

- 1** What are the benefits of implantable hearing solutions over hearing aids? How does it work?

- 2** How do I know I could benefit from an implantable hearing solution?

- 3** How will it look? (Is it behind-the-ear or off-the-ear?)

Questions to Ask Your Audiologist (cont.)

4 How will this solution fit into my lifestyle? (Provide examples of your lifestyle such as listening to music, talking on the phone, swimming in the pool or meeting friends at a noisy restaurant.)

5 Can an implantable hearing solution provide me with a hands-free streaming experience?

6 How long will an implantable hearing solution last?

7 Can I speak to someone who has an implantable hearing solution?

8 What happens during the implant surgery?

9 How long is recovery? What does the recovery process look like?

10 What can I expect after my implant is turned on?

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